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Approved by: T Johnston	Approved by: B Leiker
Date: Aug 2016	Date: Aug 2016

## ALL STYLES - TRADITIONAL KATA RULES

### 1. LENGTH

- Kata performances cannot be longer than 4 minutes, presentation included.
- In the event of a violation of the present rule, the chief referee can ask for a deduction of 0.1 point.
- If a form execution is less than 30 seconds in length the minimum score will be given.

### 2. AGE

- Under 10 years
- 10 – 11 – 12 years
- 13 – 14 - 15 years
- 16 – 17 – 18 years
- 19 to 30 years
- 31 to 40 years
- 41 years +

These are for guidance only, WTKA event organisers have the discretion to amend these accordingly.

**Each competitor can participate in their own age category and/or the one above ONLY in each discipline. In team events the ELDEST competitor's age MUST fall within the range for the category only.**

### 3. DIVISIONS

In Traditional competition there are 5 divisions both for men and women:


- Traditional Kata
- Traditional Kata Team
- Traditional Weapons

### 4. UNIFORMS

Competitors must wear a clean club uniform in good repair, and appropriate belt or sash denoting their rank. Competitors with grades in more than one style must wear their highest-ranking belt or sash.

### 5. STATE OF WEAPONS

Each athlete is responsible for the perfect state of his or her weapon, which is individual and which cannot be exchanged during the competition. The chief referee can ask to inspect the competitor's weapon if he wishes to do so. No cutting blades can be used.

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## 6. MOVEMENTS

- Must capture the essence of Traditional martial arts movements.
- No more than two kicks are allowed with the same leg without putting the foot down.
- Acrobatic movements are not allowed.
- Gymnastic Movements are not allowed.
- Releases of the weapon other than a simple hand switch are not allowed.

## 7. SCORING CRITERIA

Each judge must take into consideration, before awarding any decision:

- Correct sequence of techniques.
- Power control.
- Speed and rhythm control.
- Techniques execution difficulty.
- Correct movement's direction.
- Head and eyes movement.
- Positions.
- Movement's coordination.
- Balance, strength and endurance.
- Correct breathing.
- Hesitation or halt.

**N.B. An adaptation will be acceptable with added/changed moves as long as the moves are traditional.**

## 8. ROUNDS

Each competitor will make a blind draw to determine the order of appearance in round 1. Scores from round 1 will determine the order of appearance in round 2, in ascending order, any competitors with the same score will make a blind draw for their position.


- 9 Competitors and below – 1 round rule applies.
- More than 10 competitors in a division - 2 round rule will applies.

### 1 Round Rule

- Places 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be determined within round 1

### 2 Round Rule

- 1<sup>st</sup> 8 places will be determined in round 1
- Places 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be determined within round 2

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## 9. SCORING

All katas will be scored by a panel of judges. The Score starts from 6.0 points to 7.0 points.


- **Minus points:**
  - 0.1 point: if the competitor interrupts his performance and starts again.
  - 0.1 point: if the competitor loses coordination.
  - 0.1 point: if the competitor loses his balance.
  - 0.1 point: if the competitor performs any disallowed movements.
  - Loss of Weapon (see loss of weapon control)
  - If the competitor breaks off his/her performance before the end, the judge will give the minimum mark.
- **Loss of Weapon Control**
  - **Category 1 Loss – Minus 0.1 point**
    - The competitor briefly loses control of the weapon. The weapon may or may not touch the mat or flooring or platform. If the weapon does touch the mat or flooring or platform, the contact is brief and the competitor prevents an interruption of the form by quickly regaining control.
  - **Category 2 Loss – Minus 0.2 points**
    - The competitor loses control of the weapon and actually drops the weapon or otherwise loses contact with the weapon for one second or more. The weapon may or may not touch the mat or flooring or platform. The competitor must interrupt their form and pick up or otherwise reacquire control of the weapon before continuing the form. The primary difference between this Category 2 Loss of Control and the Category 1 above is that the form is completely interrupted for at least one second or more.
  - **Category 3 Loss – Lowest score**
    - The competitor loses control of the weapon and contact with the weapon, the weapon falls to or touches the mat or flooring, and any substantial part of the weapon comes to rest outside of the boundary of the area.

### 5 Judges Criteria:

- The highest and lowest scores will be deleted. The remaining scores will be added together and highest scores gained will be awarded 1st, 2nd and 3rd place respectively.
- In the event of draw the following criteria will be used, in order:
  - a. The Competitor with the “highest” lowest remaining score will be deemed the winner.
  - b. The Competitor with the “highest” highest remaining score will be deemed the winner.
  - c. The Competitor with the “highest” lowest deleted score will be deemed the winner.
  - d. The Competitor with the “highest” highest deleted score will be deemed the winner.
  - e. The competitors will perform the same Kata again with new scores being given. Results will be given inline with the above criteria

### 3 Judges Criteria:

- All 3 scores will be added together. The highest scores gained will be awarded 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place respectively.
- In the event of draw the following criteria will be used, in order:
  - a. The Competitor with the “highest” lowest score will be deemed the winner.
  - b. The Competitor with the “highest” highest score will be deemed the winner.
  - c. The competitors will perform the same Kata again. The winner will be identified by a blind show of hands from all 3 judges.

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## 10. RESPONSIBILITY

- All coaches and instructors must take full responsibility for the safety of their own competitors.
- All rules must be obeyed at all times. Completion of a registration card for all participants is essential.
- WTKA accept no responsibility for any injury to competitors, spectators or any belongings or property personal or otherwise of any nature or cause whatsoever.
- The organisers have the right to refuse entry to anyone, or to disqualify any person, at any time, without question.
- The organisers hold the final decision